

Seafood Wallet Card



Arctic char

Spanish mackerel, *U.S. Atlantic and Gulf of Mexico*

Farmed clams, mussels and scallops*

White sturgeon caviar, *farmed*

Mahimahi, *troll-caught*

Farmed oysters

Alaska salmon

Alaska halibut

Fold along
dotted line

Tilapia, *U.S.-farmed*

Stone crab

Yellowfin, bigeye, albacore tuna, *pole/troll-caught*

Striped bass

Catfish

Mahimahi, *longline-caught*

Pacific cod

Snow, blue and king crabs

Pacific flounders and soles

Black sea bass

Sea scallops

American ("Maine") lobster

Squid (calamari)

Swordfish

Canned tuna

Fold along
dotted line

**Yellowfin and bigeye tuna
steak (Ahi), *longline-caught***

**Atlantic flounders and soles
(incl. grey sole)**

Atlantic cod

Groupers

Shrimp

Skate

Monkfish

Sharks

Farmed salmon (incl. Atlantic)

Chilean seabass (toothfish)

Snappers



**Caspian Sea caviar (beluga,
osetra, sevruga)**

*Including littleneck clams and bay scallops